

MOLINARI INSTITUTE of HEALTH

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Postgraduate Women's Health Course – 2020 Intake

AWARD: PGD WHO

Post Graduate Diploma in Women's Health Osteopathy

GENERAL AIMS AND OBJECTIVES

Aiming at giving advanced knowledge and expertise to professionals who want to master women's health issues, this part-time course will bring together a team of experts in their field (Osteopaths, Medicals specialists and complementary and alternatives practitioners).

The objective is to create a body of Osteopaths who have an expertise and a specific capability in dealing with women's health issues. This course aims to give continuous professional development, clinical expertise, a responsible human and ethical approach to these patients and allows the graduates to work in an integrative partnership with other health professionals.

The course will be complemented by a teaching clinic allowing the students to develop their expertise.

GENERAL ORGANISATION

Entry Requirements.

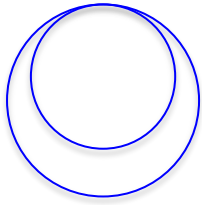
1. DO or equivalent (Bsc Ost, Most.)
2. Preferably at least one year in practice.
3. Registration with GosC or national register (foreign countries)
4. Enhanced disclosure from criminal records bureau (or equivalent for foreign countries)
5. Proof of insurance
6. Minimum clinical activity: two days per week
7. Basic training in cranial and visceral advised
8. In some cases, we may ask you to come for an interview or arrange a Skype interview
9. For international students, a proven knowledge and command of the English language (oral and written) may be required

Start date: April 2020

Finishing date: June 2022

TUITION FEES to include:

- 2-year part-time course for a total of 18 teaching weekends (Saturday and Sunday)
- 2-days dissection course at the Faculte de Medecine in Nice (travel and accommodation at student's own costs).
- A minimum of two clinical sessions to validate.



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A £1000 deposit is required to secure your place on the course regardless of the payment option chosen.

☐ **Option 1)** The figures below reflect the £1000 deposit already paid
£3200 per year to be paid in two payments
Before the start of year 1: £2700
Before the start of year 2: £2700
Total: £6400

☐ **Option 2)** The figures below reflect the £1000 deposit already paid
£3300 per year to be paid by semester
Before the start of the course: £1400
Semester two: £1400
Semester three: £1400
Semester four: £1400
Total: £6600

☐ **Option 3)** The figures below reflect the £1000 deposit already paid.
£3400 per year to be paid by monthly payments
Before the start of the course: £1200
Followed by 20 monthly payments of £230 **by standing order only**
Total: £6800

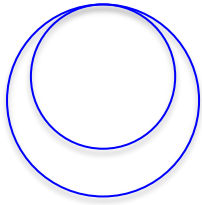
COURSE ORGANIZATION – For indication only – MIH reserves the right to amend the order of the modules

Advanced related Physiology and Anatomy.
Embryological and organizational setting of the gynecological system.
Fertility

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Pregnancy. Normal and pathological pregnancy. Monitoring of pregnancy
Normal and pathological birth.
Osteopathic approach of pregnancy and birth.

.....
Gynecology/ Visceral.
Gynecological Cycle. Local Immunological response. Physiopathology... Main gynecological disturbances.
Osteopathic approach of uro gynecological problems and related visceral problems.

.....
Peri-natal period: mother and baby. Main pathologies.
Post-partum: mother approach +exercises revisited
Osteopathic Approaches



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Puberty/Menopause.
Healthy ageing
Osteopathic approaches.

.....
Advanced Clinical experience.
Ethics.
Integrated approach.

ASSESSMENT and EXAM STRATEGY

This course is recruiting Osteopaths who have a special interest in women's health; therefore the assessment strategy will be integrated.

There will be no exams based on pure memorisation.

The exam strategy is based on:

- Continuous assessment.
- Student's presentations in front of the group with structured feedback from members of faculty and students.
- Practical assessment during practical workshops.
- One formal practical assessment at the end of the practical part of the course
- Structured feedback during advanced clinical sessions.
- Clinical presentations will allow for constructive feedback.

Pass mark: 60%

Award: PGD WHO.

COURSE CONTENT

Basic Sciences

From common accepted basic sciences to advanced levels of knowledge relating to embryology, anatomy, physiology and physio-pathology.

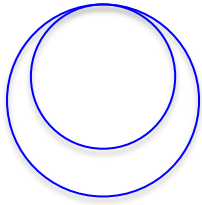
Theory lectures and workshops during which students will be required to present to the group the results of their own work.

Basic sciences will always relate to the osteopathic understanding of women's health and will only be presented if relevant to women's health osteopathy.

Indicative content:

Anatomy:

- Development of female body from embryology to anatomy.
- Evolution of the reproductive tract from birth to adult life: migration, suspensory system, active supporting system...
- Pelvis: osseous, connective, muscular, adipose, vascular, neurological, visceral....



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Part of the course will be delivered by Renzo Molinari.

Advanced Physiology:

- Reproductive physiology
- Brain and gynaecology
- Endocrine system
- Homeostasis and lumbo-pelvic function
- Systems: urinary system and continence, gynaecological system: function and dysfunctions, obstetrics: fertility, pregnancy, labour, post-partum.
- Advanced patho-physiology relating to the different systems.

The team presenting basic sciences will include specialists in their fields like gynaecologists, obstetricians, midwives...but also practitioners who have marked the history of modern gynaecology and obstetrics such Dr Michel Odent.

Clinical

- From anamnesis to treatment plan.
- Clinical examination
- Advance clinical practice. Clinical sessions will take place on a regular basis. Students will be required to report on their individual clinical practice.

Osteopathic approaches

The content of the course has been designed to integrate the most traditional and historical approaches in osteopathy: AT Still approaches, Littlejohn, P.Woodhal, M Clark

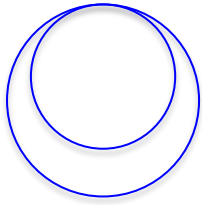
But also, some fundamental authors like Thure Brand, Henry Stapfer, Byron Robinson ...

And more recent authors like Angus Cathie, JP Barral.....

Renzo Molinari will present all the material he has developed on women s health relating to fertility, pregnancy, labour and post-partum, visceral and gynaecological conditions.

Other members of faculty will present their own approaches:

- Prof Renzo Molinari – Pregnancy, gynaecology
- Franz Buset (Belgium) visceral conditions (diagnosis and clinical approaches),
- Monika Ebner (Austria) internal approaches and neuro endocrine approaches.
- Anja Engel-Schulmeyer (Austria)
- Francois Allart (France) fertility/infertility
- Teresa Coughlan (Ireland) Pregnancy and peripartum
- Genevieve Kermorgand (France)
- Michael Pye (UK) Facia, lumbo-pelvic dynamics
- Sue Turner (UK) osteopathic medicine applied to women's health.....
- Daniel Brogan
- Indera Ajimal
- Taj Deora (tbc)
- Tracy Davies



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- Osteopaths specialists in their field will contribute either during theory sessions, practical workshops, or clinical sessions.

Medical faculty includes:

- Dr. Michel Odent
- Bill Smith
- Dr Rehan Salim
- Dr Nara Nairi
- Dr Etienne Horner
- Dr Peter Barton-Smith
- Dr Jan Toledano
- Dr Amalia Annaradnam
- Geraldine Miskin

Lectures are designed to allow the student to apprehend the fundamentals of every topic, but time allows for practical development. Each lecture is based on a 50% minimum in practical workshop. Every test, every technique is explained, demonstrated and practiced under supervision.

All the Osteopathic approaches are based on the principles of Osteopathy coined by AT Still, an important part is given to the philosophy of osteopathy and its application.

This course is the first post- graduate course giving a competence in the field of Women s health in osteopathy and its design will allow all dedicated students to develop a real expertise.

Imaging and diagnostic techniques

- Ultrasonography: presentation and clinical observation
- Laparoscopy
- Others.....

Alternative approaches

- Nutrition and supplements
- Psychotherapy-CBT.

Ethics

- Responsibility of the practitioner in women s health.
- Confidentiality.
- When to speak, when to remain silent
- Consent.
- Invasive Diagnosis and Treatment procedures.
- When to refer
- Laws regarding the practice of gynaecology, obstetrics, midwifery...