

Jean-Pierre Barral is a Diplomate of Osteopathy, a Member of the Registre des Ostéopathes de France, and a Physical Therapist. He is the Developer of the manual therapy he calls Visceral Manipulation (VM). Through his clinical work with thousands of patients, he created this modality based on organ-specific fascial mobilization. And through work in a dissection lab, he was able to experiment with VM techniques and see the internal effects of the manipulations. He served as Chairman of the International College of Osteopathy at St. Etienne, France. He was also on the faculty of Médecine de Paris Nord - Université Paris Nord. While on faculty, he was the Chief of the Visceral Manipulation Department—the first time in the world that a VM therapist was part of a medical faculty.

Based on his later clinical work, Jean-Pierre Barral developed additional modalities—Visceral Vascular Manipulation, Nerve Manipulation, and New Manual Articular Approach—in collaboration with Alain Croibier, D.O.

*TIME* Magazine, citing his development of Visceral Manipulation, named Jean-Pierre Barral, DO one of the Top Healing Innovators to watch in the new millennium.

Jean-Pierre states, even after more than 40 years of research and working with patients, as well as educating tens of thousands of therapists around the world, *"we know so little; only the tissues know."* We can think as therapists we know what to do to help a patient, but it is only when we put our hands on the person, that the tissues then show us what is needed.

Barral holds the title of Curriculum Developer for the Barral Institute. Barral took the modalities and developed them into various manual therapy courses, which he has taught since 1985.

Barral has trained and certified a team of International Teachers who also instruct these courses around the world.

Barral is author of the books:

- [Visceral Manipulation](#)
- [Visceral Manipulation II](#)
- [The Thorax](#)
- [Urogenital Manipulation](#)
- [Manual Thermal Evaluation](#) (formerly Manual Thermal Diagnosis)
- [Trauma: An Osteopathic Approach](#)
- [Manual Therapy for the Cranial Nerves](#)
- [Manual Therapy for the Peripheral Nerves](#)
- [Manual Therapy for the Prostate](#)
- [Visceral Vascular Manipulation](#)
- [New Manual Articular Approach; Upper Extremity](#)
- [New Manual Articular Approach; Lower Extremity](#)
- [Understanding the Messages of Your Body](#)
- [Understanding Messages of Your Joints](#)